### Three-Thirds Discipleship Process

Use this three part process to guide your time with a new believer(s).

<table>
<thead>
<tr>
<th>Look back (30 min)</th>
<th>Look up (40 min)</th>
<th>Look forward (20 min)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. <strong>Mutual care</strong>: How are you doing? Highs and lows.</td>
<td>5. <strong>New lesson</strong>*: Enough Biblical content to obey and pass it on.</td>
<td>6. <strong>Practice</strong>* the lesson until everyone is confident and competent to apply the learning.</td>
</tr>
<tr>
<td>2. <strong>Worship</strong>: Praising God in a simple, relevant way. Something you are thankful for.</td>
<td>Short term discipleship:  - Discovery Bible Study  - 8 Commands</td>
<td>Ex. Retell your story, Jesus’ story, or this week’s story.</td>
</tr>
</tbody>
</table>
| 3. **Accountability***  
  - Follow: How did you apply the lesson from last time?  
  - Fish: Did you pray with anyone who was in need?  
  - Did you share your story and/or Jesus’ story?  
  - Did you find a person of peace? | Long term discipleship:  - Books of the Bible | 7. **Set goals and pray***: Goals for personal growth, sharing the gospel, and training others. |
| 4. **Casting vision*** for reaching lost people and making disciples. | |

If time is short, make it a priority to cover the sections with an asterix*

Read over the outline above, turn the page over, and then see how much of it you can recall from memory.

**Remember:**
- **Do** Stick to the bible stories.
- **Do** only talk 30% and let your group talk 70%.
- **Do** let the Holy Spirit work, rather than looking for right answers.
- **Do** facilitate the group through asking questions.
- **Do** have fun!
- **Don’t** talk about politics or religion, either good or bad.
- **Don’t** chase “rabbits” (subjects which are appealing, but off the topic)
- **Don’t** dominate the conversation; let everyone participate